



MONTEREY MEMBERS

How to keep your coverage



Updated 8/2021

Make self-payments

Short hours? You can continue your eligibility (health benefits) by making self-payments. The amount you pay depends on how many hours you work each month (*see chart, right*).

Three ways to self-pay:

- 1. Mail**—Make checks payable to UNITE HERE HEALTH, P.O. Box 809328, Chicago, IL 60680-9328
- 2. Phone**—Call (855) 483-4373 to pay with a credit card
- 3. Online**—Visit www.uhh.org/member and click the “payments” icon (credit card, bank account draft or recurring payments)

Payments must be postmarked by the 15th day of the month immediately before the coverage month you are paying for.

How it works and what you pay			
If you are:	And you work:	You can make a self-payment:	
A regular (non-banquet) worker	70 hours or more per month	Every month you work at least 70 hours	
	Less than 70 hours per month	For up to 3 months (plus 3 more if reduction in hours was involuntary)	
A banquet worker	48 hours or more per month	Every month you work at least 48 hours	
	Less than 48 hours per month	For up to 3 months (plus 3 more if reduction in hours was involuntary)	
The hours you self-pay for:			
May – October	130 hours minus the number of hours you actually worked		
November – April	100 hours minus the number of hours you actually worked		
Self-payment amounts: <i>(includes medical, dental and vision)</i>		Per hour	Per month
Single or family coverage, May – October		\$8.33	\$1,082.90
Single or family coverage, November – April			\$833

Elect COBRA

Out of work? COBRA continuation coverage could give you an extra 18–36 months of the same benefits you have now (except for life and AD&D).

You must sign up for COBRA and pay the required payments when they are due. **Watch your mail for more information.**

What COBRA coverage costs each month:			
Coverage	Medical	Dental	Vision
Single	\$636.28	\$29.70	\$2.60
Single +1	\$913.63	\$42.65	\$3.73
Family	\$1,549.90	\$72.36	\$6.33

Explore other options

For government insurance options, visit www.uhh.org/govt

Questions about self-payments or COBRA?
Call UNITE HERE HEALTH:
(855) 483-4373