# Starting April 1, 2025:

# Changes to help you stay healthy AND protect your benefits



### PCP visits cost less: \$10

- Make sure you have a Primary Care Physician (PCP) and see them regularly.
- Your PCP knows your health history and can coordinate your care. They also make sure you get preventive screenings.

### Mental health/substance abuse visits cost less: \$10

### **Urgent care visits: \$35**

Use Urgent Care Centers like Doctors on Duty and MoGo
when you have an urgent health issue but can't get an
appointment with your PCP.

### Specialist visits: \$40

• Your PCP can help you decide when it's time to see a specialist.



### **NEW! Free care** (\$0 copays) at:

- Santa Lucia Medical Group (primary care)
   1336 Natividad Rd., Salinas (831) 754-4444 | santalucia.com
- Pacific Cancer Care
   (cancer treatment, including office visits
   and chemotherapy)
   5 Harris Ct., Building T, Suite 201,
   Monterey (in Ryan Ranch)
   (831) 375-4105 | pacificcancercare.com

### Save money on prescriptions:

- Other ways to save:
  - Use generic drugs (see copays below)
  - Enroll in our mail order program and get a 3-month supply for the price of 2; call (844) 813-3860

What	ou pay for formular	y prescription dru	gs starting April 1, 202	25
	Retail pharmacy (up to a 34-day supply)		Mail order pharmacy (up to a 90-day supply)	
Preventive healthcare services drugs	\$0			
Generic and some brand drugs	ChroniCare	Other	ChronicCare	Other
	\$5	\$10	\$10	\$20
Preferred drugs	ChroniCare	Other	ChroniCare	Other
	\$10	\$30	\$20	\$60
Non-preferred drugs	\$50		\$100	
Select specialty and select biosimilar drugs	Not covered		Generic	Brand
			\$20	25%

## Starting April 1, 2025:

# Changes to eligibility and enrollment

### Low on hours?

### Self-payments help you stay covered!

- Self-payments help you <u>continue your eligibility</u> (not establish it for the first time).
- You can self-pay for <u>up to 3 work months each</u> calendar year.
- You can only make a self-payment after a work month in which you were eligible (not after a break in coverage)
- Track your eligibility online: log into our member portal at <u>uhh.org/member</u>; then click on "member." (Monthly notices will no longer be mailed.)

How to calculate your self-payment			
Current rate	\$9.73 per hour		
Hours	For May - October work months		
	130 hours minus the hours your employer credited you with		
	For November - April work months		
	100 hours minus the hours your employer credited you with		
Current rate x hours = self-payment amount			

### Need to add dependents?

### Open enrollment is once a year in May.

 Unless you have a special event like getting married or the birth or adoption of a child, you can only add dependents during open enrollment.

#### **HOW TO MAKE A SELF-PAYMENT:**

You can pay by credit card or ACH (electronic check).

- On the portal: <u>uhh.org/member</u>
- By phone: (855) 483-4373
- Or, mail your check to: UNITE HERE HEALTH PO Box 809328 Chicago, IL 60680

Payments are due the 15<sup>th</sup> of the month before the coverage month.

### Questions about your benefits?

*Call Member Services: (855) 483-4373* 

### The UHH Member Portal mobile app

gives you 24/7 access to your benefits! Scan the QR code below or search "UHH Member Portal" in your app store.





iPhone

Android