

# Communications Dashboard — October 2021

## Healthier Me



### BETTER MANAGE YOUR DIABETES!

Healthier Me is a live, on-line program you can do at home. Work to meet your health goals in a supportive group with experienced facilitators. Open to UNITE HERE HEALTH members only. Sessions meet once a week for 4 weeks. Space is limited.

[Sign up today!](#)



English classes starting soon!

TOPIC	DAY	DATE	TIME
Introduction to diabetes management		October 27	3:00 p.m. Pacific
Healthy eating	Wednesdays	November 3	5:00 p.m. Central
Exercise and medications		November 10	6:00 p.m. Eastern
Managing stress		November 17	



## Print

- **Enrollment packets**  
[Delaware North Company Guckenheimer @ Google](#)
- **Kaiser Wrap SPDs**  
[Cover letters](#)  
[California](#)  
[Mid-Atlantic](#)  
[EOCs](#)  
[Georgia](#)  
[Mid-Atlantic Select High](#)
- **Return-to-office COVID safety**  
[Check your temp](#)  
[Respect others](#)  
[Social distance](#)  
[Wash your hands](#)  
[Wear a mask](#)

## Newsletter

Open Enrollment is Monday, Nov. 1 – Monday, 15, 2021  
[Visit Pulse to learn more](#)



- Featured News**
  - [Open Enrollment 2022](#): Infaesions and FSA administrator change
  - [When should you get a flu shot?](#) Now!
  - [Emailing PH? Take it slo-o-ww!](#)
- Business News**
  - [View the 2022 Pay and Holiday Schedule](#)
  - [Watch the October all-employee meeting](#)
    - [Previously recorded meetings from 2020-2021 are now available on Pulse](#)
  - [Oct. 7 COVID-19 policies, attestation, and FAQs](#)
- Employee News**
  - [Taking collaboration to the ice](#)
  - [November service anniversaries](#)
  - [October service anniversaries](#)
- Union News**
  - [Recent news from UNITE HERE!](#)

## Digital

- **Email performance (past 30 days)**
  - 23,608 sends;
  - 52% open rate;
  - 11% click rate
- **Email and text communications**
  - *Enrollment emails*: Empire Casino, FSP Annual Open Enrollment, HMS Host at Newark, Jacob Javits
  - *Misc.*: HMS Host benefits orientation
  - *SMMs*: 100AB/105, 102 Retirees, 114A/114D/117, 116, 173 Retirees, 173 Actives, 175, 178, 376
- **Internal communications**
  - Staff open enrollment Nov. 1-15
  - Return-to-office week of Nov. 1
  - Get a flu shot
- **Coming up in November**
  - Year-end recognition

## Return to office



**Keep rockin' that mask!**

*Make sure it fits snugly and covers your nose and mouth.*



*Let's take care of each other by showing respect!*

## HospitalRx copay changes (Effective January 1)

Prescription Drug Medicamentos Recetado	Gold Plus PPO Food Service Plan II (376)																																								
<p><b>Programs that will save you money</b></p> <p><b>Mail Order Pharmacy</b> Your plan will send medicine straight to your mailbox, and it costs less! To enroll, call WellDyneRx Home Delivery (through Hospitality Rx) at (844) 813-3860.</p> <p><b>Diabetic Supplies</b> You can get diabetic supplies from any retail pharmacy that's in the network or by mail order. If you need a new glucometer, get one for FREE by calling FreeStyle (by Abbott) at (866) 224-8892 (Order Code: U2L65MBU)</p>	<p><b>Programas que continúan ahorrándole dinero</b></p> <p><b>Farmacia de Pedidos por Correo</b> Su plan le enviará la medicina directamente a su buzón de correo, y le costará menos! Para inscribirse, comuníquese con nuestro asociado de farmacia de pedidos por correo, WellDyneRx, al (844) 813-3860.</p> <p><b>Suministros para Diabéticos</b> Puede obtener suministros para la diabetes en cualquier farmacia minorista que está en la red o por correo. Si necesita un nuevo glucometro, puede obtener uno GRATIS llamando al FreeStyle (by Abbott) al (866) 224-8892 (Código de pedido: U2L65MBU) <small>Efectivo: 01/01/2022 - Vigente a partir del: 01/01/2022</small></p>																																								
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## Opt-in (Totals as of 11/1/21)

- Compliance email: 21,000  
↓ 428
- General email: 29,265  
↓ 1,510
- Compliance text: 13,731  
↑ 96
- General text: 27,219  
↓ 1,356

## Staff open enrollment info sessions

From: HR Benefits  
Sent: Thursday, October 14, 2021 12:13 PM  
To: All Fund Employees; CHCI Fund Staff  
Cc: HR Benefits  
Subject: Open Enrollment 2022: info sessions and FSA administrator change

**Fund Employees:**  
Open Enrollment for 2022 is **November 1 – November 15**. You'll have an opportunity to learn more about your benefits benefits.

**Effective 1/1/2022, WEX will replace HealthEquity/WageWorks as the new FSA, Commuter, and COBRA administrator mobile app, participant portal and debit card (for both healthcare and dependent care).**

You'll receive more information about WEX and the transition from HealthEquity/WageWorks via email and Pulse in the more or ask questions.

See below for dates and times. Registration is not required. Please get your supervisor's approval before attending. Sub

	Open Enrollment
<b>Tuesday, October 26</b>	<p>7-8 am PST   9-10 am CST   10-11 am EST</p> <ul style="list-style-type: none"> <li>• <a href="https://zoom.us/j/920602079367?pwd=U2xwSW5wFlQnZGc1UjFHS002bnowRWZHUj09">https://zoom.us/j/920602079367?pwd=U2xwSW5wFlQnZGc1UjFHS002bnowRWZHUj09</a></li> <li>• Meeting ID: 920 6020 7936</li> <li>• Passcode: HRBENEFITS</li> </ul>
	<p>1-2 pm PST   3-4 pm CST   4-5 pm EST</p> <ul style="list-style-type: none"> <li>• <a href="https://zoom.us/j/964872455347?pwd=Q0hGR09yVlZlZuSVlPZ3JlMkZreVZUdr09">https://zoom.us/j/964872455347?pwd=Q0hGR09yVlZlZuSVlPZ3JlMkZreVZUdr09</a></li> <li>• Meeting ID: 964 8724 5534</li> </ul>

## Social Media

### October Breast Cancer Awareness Month



#### 3 steps to early detection

- **Breast Self-Awareness:** Become familiar with how your breasts normally look and feel. Promptly report any changes to your healthcare provider.
- **Well-Woman Exam:** Visit your primary care provider/gynecologist each year for a Well-Woman Exam. Along with a pelvic exam and pap smear, he or she may do a breast exam to check for anything unusual.
- **Mammogram:** NBCF recommends that women ages 40 and older get a mammogram (breast X-ray) every year. It can detect tumors and other unusual breast conditions.

**1 in 8** women in the United States will be diagnosed with breast cancer in their lifetimes



Source: National Breast Cancer Foundation, Inc. (NBCF)  
[www.nationalbreastcancer.org](http://www.nationalbreastcancer.org)

View previous dashboards at [www.uhh.org/dashboards](http://www.uhh.org/dashboards)