

# Communications Dashboard — July 2022

## Pulse



"We need to do a better job of putting ourselves higher on our own 'to do' list" - Michelle Obama

- Employee spotlight
- Tips and tricks
- WLB Resources
- Helpful Resources
- Manager Resources
- Suggestions

### Work • Life • Balance articles

#### Why does the Fund value Work • Life • Balance?

Published: 6/24/2022

#### What is Work • Life • Balance at the Fund?

Published: 5/2/2022

Article archive

### Why is Work • Life • Balance important?

Work • Life • Balance: The amount of time you spend doing your job compared with the amount of time you spend with your family and doing things you enjoy.

- There is more to life than work.
- We are made up of mental, social, psychological, physical, spiritual, and financial focus, and all areas are important.
- We can't be productive at work if we're exhausted.

### Employee spotlight



Hi Fund Friends,

Our names are Palmer and Rudy Waldrup - our mom is Kristin Waldrup, one of the organization's HR Business Partners for Aurora Plans. She calls us her at home co-workers because we keep her company in the office all day and force her to take necessary needed breaks to step away. She is able to focus on achieving that work-life balance because we won't take no for an answer when we really "gotta go". Hope all your furry co-workers are helping you maintain that balance too!

WOOF!

P & R

## Print

- **Enrollment**
  - Air Ventures Boston
  - [Postcard](#)
  - [Self-pay flyer](#)
- **SMM**
  - Protection from unexpected medical costs
  - [Boston](#)
- **SPD Wraps**
  - Kaiser California: [Kaiser ++](#), [No. California](#)
  - [Kaiser Georgia](#)
  - Kaiser Mid-Atlantic: [Signature](#), [Select Low](#), [Select High](#)

## CAA SMM

August 2022 | Greater Boston Local 26 Health Plan Unit 108

### UPDATES TO YOUR BENEFITS

#### CAA Introduction

Your Fund has made several changes following the passage of a new federal law, the Consolidated Appropriations Act of 2021 (CAA), which adds rules to protect you and your family from unexpected medical costs. This SMM describes these changes to your benefits. All changes described in this SMM are effective April 1, 2022 (unless otherwise noted). This SMM includes other small changes to your benefits as well.

#### When a non-network provider may be considered a network provider

In the special circumstances listed below, the Plan will pay for non-network services at the network cost share and the network cost-sharing will apply towards your out-of-pocket limit for medical care.

In some cases, you may have to pay the difference between the allowable charge and the provider's actual charge (called balance billing). In other cases, the provider cannot balance bill you. The following list will state whether or not the provider can balance bill you.

UNITE HERE HEALTH (844) 267-4325 • [uhh.org](#) Better!

This document constitutes a Summary of Material Modifications (SMM) under the Employee Retirement Income Security Act of 1974, as amended, and summarizes recent actions taken by the Board of Trustees of UNITE HERE HEALTH. It describes benefits and administrative changes affecting the information included in your Summary Plan Description (SPD). This SMM addresses changes to all benefits in your SPD and may include changes and benefits that don't apply to you based on your or your employer's elections.

Please read this information carefully; then, keep it with your SPD for future reference. Except as described in this SMM, the information otherwise contained in your SPD continues to apply.

Because of the pandemic, you generally have more time to do certain things, like file or appeal a claim, enroll your new dependent, or elect COBRA and make COBRA payments. Call us for more information.

## Opt-in (Totals as of 7/1/22)

Compliance email:	23,471	↑ 208
General email:	30,672	↑ 113
General text:	33,618	↑ 81

## Social Media

### Watermelon is a great summer snack!



- It keeps you hydrated
- It's loaded with vitamins (A, B6 & C)
- It can improve heart health
- It reduces muscle soreness
- It's good for your skin & hair

UNITE HERE HEALTH

Source: healthline.com

## Digital

- **Email performance (past 30 days)**
  - 287 sends
  - 71% open rate
  - 2% click rate
- **Email and/or text communications**
  - Enrollment Emails
  - Air Ventures Boston
  - Omni Seaport Boston
  - Miscellaneous
  - Chicago Health Center + Pharmacy text messages
- **Internal communications**
  - Launched Work-Life-Balance page on Pulse
  - Snack & Learn: Contributions and Enrollment
- **What's next for August?**
  - SMM mailing

## Newsletter



"Try to be a RAINBOW in someone's cloud."  
— Maya Angelou

#### Featured News

- Great Projects begin with great sponsors
- Snack & Learn: Contributions and Enrollment
- Culinary Health Fund hosts Back to School Bash
- Fund launches Work-Life-Balance page on Pulse
- How do Fund employees achieve Work-Life-Balance?

#### Employee News

- NIS Paints at Pina's Palette
- Employee Spotlight: Kevin Brown
- Tara Bradford promoted to Complaint Resolution Manager
- August Service Anniversaries
- July new hires & promotions

#### Business News

- Aurora Claims team transitions to new reporting structure
- Watch the Strategic Lifetime-Liability estate planning workshop

#### Union News

- Recent news from UNITE HERE!
- Keep up with Culinary Union Local 216 news

As always, email us all your news and suggestions at [communications@uhh.org](mailto:communications@uhh.org)

## Air Ventures Boston



Your new benefits start September 1. Watch for your new ID card!

Sus nuevos beneficios comienzan el 1 de septiembre. Esté atento a la llegada de su nueva tarjeta de identificación!

You will be notified if your enrollment is approved. An approved enrollment does not guarantee health coverage. You must meet the requirements for coverage under your collective bargaining agreement, or there must be another written document providing for contributions to be paid to the Fund on your behalf. In addition, you and your dependents must meet the plan's requirements for coverage.

Se le notificará si su inscripción es aprobada. Una inscripción aprobada no garantiza la cobertura de salud. Debe cumplir los requisitos de cobertura según su acuerdo colectivo de trabajo, o debe haber otro documento escrito que estipule que las contribuciones se paguen al Fondo en su nombre. Además, usted y sus dependientes deben cumplir con los requisitos de cobertura del plan.

## Snack and Learn

### Snack & Learn



View previous dashboards at [uhh.org/dashboards](http://uhh.org/dashboards)