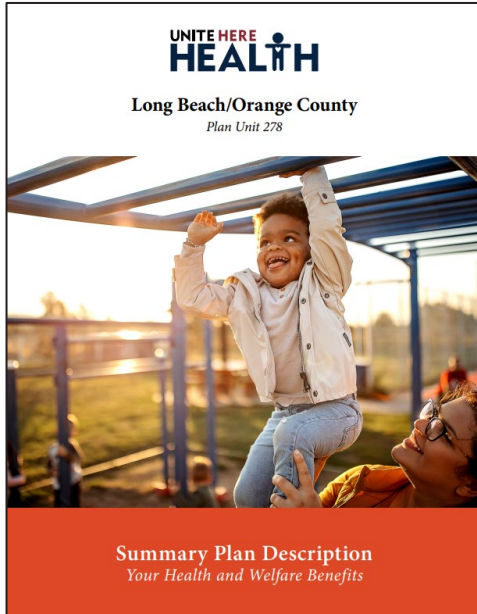


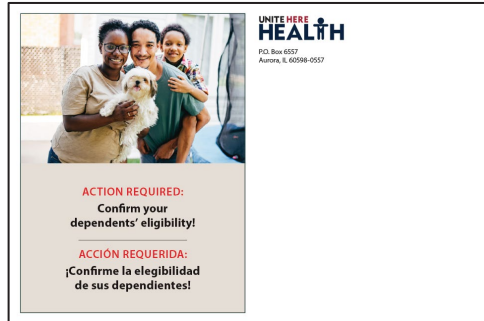
Communications Dashboard: October 2023

PRINT HIGHLIGHTS

278 SPD



102/175 eligibility audit reminder



Host at Orlando event poster



Links to print pieces

Compliance

- [175 SPD](#)
- [278 SPD](#)
- [October SMMs](#)

Educational

- [Healthier Me nutrition class flyer \(Spanish session\)](#)
- [New York shop visit flyer](#)
- [SISCO reminder postcard](#)
- [Updated 102 Actives welcome packet cover letter](#)
- [Updated 108 MAP brochure](#)
- [Updated 175 welcome packet cover letter](#)

Enrollment


- [105 Sonesta White Plains](#)
- [376 Host at Boston Logan Airport](#)
- [376 Host at Orlando guide](#)
- [376 Old Dominion University — guide and event poster](#)
- [376 University of Mary Washington — guide and event poster](#)



Communications Dashboard: October 2023

DIGITAL HIGHLIGHTS

Monthly newsletter



Open Enrollment is November 1 – 15

OPEN ENROLLMENT

- [Open Enrollment starts NOW](#)
 - [Visit the Open Enrollment page](#)
 - [View the benefits guide](#)
 - [Enroll for benefits!](#)
- [Reminder: Attend Open Enrollment InfoSessions](#)


FEATURED NEWS

- [Stay protected against the flu & COVID](#)
- [Celebrating Indigenous Peoples' Day](#)
- [Take part in World Mental Health Day](#)
- [Las Vegas remembers '84 strike](#)
- [Study: Health Promoters invaluable to cancer patients](#)
- [Start a Resource Group](#)


EMPLOYEE NEWS

- [Celebrating National Customer Service week](#)
- [Celebrating National Pharmacy Technician Day](#)
- [November Service Anniversaries](#)
- [October New Hires](#)
- [October Service Anniversaries](#)

Email us news and suggestions at communications@uhh.org. Remember to follow UHH on social media!

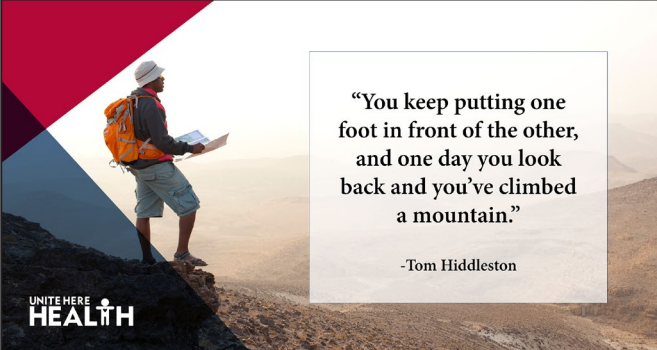
Social media



3 ways to take part in World Mental Health Day

1. **Know your mental health benefits.** Your most up-to-date benefits information is always available online. Visit www.uhh.org/library to view your SPD, SBC, and other SMAs. These documents help you understand what your benefits are and how to use them.
2. **Learn more about mental health conditions.** The National Institute of Mental Health is a great source for information about mental illnesses. Visit www.nimh.nih.gov/health/publications for and brochures in both English and Spanish.
3. **Practice self-care.** EverydayHealth has medically reviewed articles that explain what self-care is, why it's important, and how to create a routine. Go to www.everydayhealth.com/self-care to get started.

Logos: UNITE HERE HEALTH, Calvary Health Fund, NHS Nevada Health Solutions LLC, NHC



“You keep putting one foot in front of the other, and one day you look back and you’ve climbed a mountain.”

-Tom Hiddleston

UNITE HERE HEALTH

Digital recap

Educational

- [Chester/Penn — find benefits info!](#)
- [Direct Pay](#)
- [SISCO Eligibility \(multiple emails & texts\)](#)

Enrollment

- [105 Sonesta White Plains](#)
- [Food Service Plan 376](#)
 - [376 Caesars Horseshoe](#)
 - [376 Host at Boston Logan Airport](#)
 - [376 Host at Orlando](#)
- [Annual enrollment](#)
- [Annual enrollment reminder](#)
- [Annual enrollment union & employer notice](#)
- [Annual enrollment \(benefit change\)](#)
- [Annual enrollment reminder \(benefit change\)](#)

Miscellaneous

- [Delta Dental Issue](#)

Opt-in totals

Compliance

- 26,245

Generic Email

- 31,594

Generic Texting

- 34,809

Email stats

- 45,752 sends
- 55% open rate
- 5% click rate

View previous dashboards:
uhh.org/dashboards

