

Communications Dashboard: March 2024

PRINT HIGHLIGHTS

Boston 4/1 Changes

NY Urgent Care List

SSP at Detroit Airport

Links to Print Pieces

Coming April 1



More network dentists to choose from!

- Effective April 1, for all Delta Dental covered dentists (PPO and Premier):
 - Cleanings are free
 - Fillings are free
 - Reductions in costs for minor and major restorative work if your dentist is Delta Premier
 - As always, you get the most affordable care when you stay in network
 - See your "Benefits at a Glance" for more info



More reasons to take advantage of your mental health benefits!

1. No-cost Employee Assistance Program (EAP) through Modern Assistance Programs, Inc.

You have access to a wide range of FREE services including:

- Short-term counseling:** for issues like stress, work or family problems, relationship struggles, parenting challenges, and grief (up to 8 sessions per person per issue each calendar year)
- Acupuncture:** up to 20 visits per person each calendar year
- Massage therapy:** up to 12 visits per person each calendar year
- Traditional Chinese medicine** (including herbal remedies): up to 12 visits per person each calendar year
- Naturopathic office visits:** up to 12 visits per person each calendar year

2. Better access and more connected care

- Care for mental health/substance abuse is now through Tufts
- Using Tufts for mental health means your providers can better coordinate with your medical care

Need help finding a provider?

Delta Dental of Illinois
(800) 323-1743
www.deltadental.com

MAP: EAP
(417) 774-0311
www.modernassistance.com

Tufts: mental health and substance abuse
(800) 462-0224
www.tuftshealthplan.com/local26

Urgent Care Near You!
Convenient, fast, and reliable—no appointment needed (your usual doctor works)

You can also access care by video 24/7 with CityMD and Summit Health. (Scan the code and learn more.)

Astoria	CityMD	Lymbrook	CityMD
31-11 Steinerway St. (718) 475-2345	8 a.m. - 11 p.m.	585 Merrick Rd. (516) 764-2273	8 a.m. - 11 p.m.
Bronx	CityMD	Namast	CityMD
193 W. 227 th St. (718) 393-0479	8 a.m. - 11 p.m.	256 East Route 59 (848) 713-2697	8 a.m. - 11 p.m.
Brooklyn	CityMD	New York	CityMD
438-420 5 th Ave. (516) 764-2273	8 a.m. - 11 p.m.	14 W. 14 th St. (212) 390-0538	8 a.m. - 12 a.m.
2183A Ralph Ave. (718) 571-9225	8 a.m. - 11 p.m.	315 W. 57 th St. (212) 315-2330	8 a.m. - 11 p.m.
Fresh Meadows	CityMD	2398 Broadway (631) 423-7000	8 a.m. - 12 a.m.
61-18 188 th St. (718) 499-5003	8 a.m. - 11 p.m.	336 E. 80 th St. (631) 423-7000	8 a.m. - 11 p.m.
Jamaica	CityMD	Paramus	Summit Health
163-21 Jamaica Ave. (718) 571-9114	8 a.m. - 11 p.m.	282 Route 4 East (201) 836-5655	8 a.m. - 11 p.m.
Long Island	CityMD	Staten Island	CityMD
1995 Nesconset Hwy. Lake Grove (631) 731-4449	8 a.m. - 11 p.m.	2187 Richmond Ave. (646) 682-7364	8 a.m. - 11 p.m.
652 N. Willowood Ave. Lindenhurst (631) 225-4227	8 a.m. - 11 p.m.	Union	Summit Health
5600 Sunrise Hwy. Syosset (631) 563-7828	8 a.m. - 11 p.m.	2317 Center Island Route 22 (201) 354-1952	8 a.m. - 11 p.m.
2459 Merrick Rd. Bellmore (516) 824-2273	8 a.m. - 12 a.m.	Yonkers	CityMD
2301 N. Ocean Ave. Farmingville (631) 696-7828	8 a.m. - 11 p.m.	2293 Central Park Ave. (914) 219-0393	8 a.m. - 11 p.m.

New health insurance option through your employer and UNITE HERE Local 24!

ENROLL MARCH 8-15, 2024

Enroll now or you won't be covered! Coverage options are required for benefits rates depend on which benefits are selected and who is covered.

Coverage includes: choice of medical and prescription drug plans, as well as dental plans, short-term disability, life and AD&D.

UNITE HERE HEALTH
P.O. Box 6027
Aurora, IL 60508-0037

¡Nueva opción de seguro médico a través de su empleador y UNITE HERE Local 24!

¡Inscríbese ahora o no tendrá cobertura! Se requieren elegir para los beneficios, las tarifas dependen de qué beneficios se seleccionen y quién esté cubierto.

La cobertura incluye elección de planes médicos y de medicamentos. Incluye, de igual manera, planes dentales, de discapacidad a corto plazo, de vida y AD&D.

INSCRIBIRSE DEL 8 AL 15 DE MARZO DE 2024

¡Inscríbese antes del 15 de marzo!

- Visite uh.org/enroll
- o llame a nuestro número de teléfono de inscripción: (833) 569-9638

Propósito de su inscripción de la Unión o empleador para obtener crédito.

¡Necesita inscribir dependientes! Lo que necesitará:

- Certificado de matrimonio (para su cónyuge)
- Certificado de nacimiento (para sus hijos).

Señale cómo pasar a otro estado en los certificados el 15 de marzo.

Revise los beneficios en línea www.uh.org/ta

Enroll by March 15!

- Visit uh.org/enroll
- Or call our enrollment number: (833) 569-9638

Ask your union representative or employer for help.

Enrolling dependents? What you'll need:

- Marriage certificate (for a spouse)
- Birth certificate (for a child)

Your holiday to turn in certificates is March 15.

Review benefits online: www.uh.org/ta

Noticia de Especial Enrolamiento Rápido

Si ya está inscrito en un plan de salud, puede inscribirse en un plan de salud adicional que le ofrece una cobertura adicional. Si ya está inscrito en un plan de salud, puede inscribirse en un plan de salud adicional que le ofrece una cobertura adicional. Si ya está inscrito en un plan de salud, puede inscribirse en un plan de salud adicional que le ofrece una cobertura adicional.

Plan de Beneficios Especiales de Inscripción

Si desea inscribirse en un plan de salud adicional, puede hacerlo antes del 15 de marzo. Si desea inscribirse en un plan de salud adicional, puede hacerlo antes del 15 de marzo. Si desea inscribirse en un plan de salud adicional, puede hacerlo antes del 15 de marzo.

Beneficios desde April 1

Los beneficios comienzan el 1 de abril. Escríbenos a la Inscripción de tu nueva tarjeta de identificación.

- Compliance**
 - 108 SMM
 - SARs: [100A/100B/105](#), [102A](#), [108](#), [173](#), [202](#), [All Remaining Plans](#)
- Educational**
 - [Boston 4/1 Changes](#)
- Enrollment**
 - [108 Annual Enrollment](#)
 - [115 Guaranteed Rate/Wrigley Field](#)
 - [376 Fort Benning](#)
 - [376 FSP Hourly No Waivers](#)
 - [376 FSP Hourly Waivers-OTG at Phil](#)
 - [Compass at Lewis & Clark](#)
 - [Sodexo 670409 Dental Switch](#)
 - [Sodexo at Caesars Superdome](#)
 - [Sodexo at Catapult NW](#)
 - [Sodexo at East Haven Public Schools](#)
 - [Sodexo at San Ramon Valley CC](#)
 - [Sodexo Multi ERs Dental Switch](#)
 - [SSP at Detroit Airport](#)
 - [SSP at Portland Airport](#)



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DIGITAL HIGHLIGHTS

Monthly Newsletter

◆ APRIL IS ◆
Arab American Heritage Month
Let's create a platform for dialogue, unity & understanding

Featured News

- [Celebrating Arab American Heritage Month](#)
 - [Photos: Arab American Heritage Month Biographies](#)
- [The Fund turns 50!](#)
- [Introducing Leadership Professional Effectiveness Dimensions \(PEDs\)](#)
- [Take flight with the enhanced Ambassador Program](#)

Gallery

- [UHH on Social Media](#)

Employee News

- [March New Hires](#)
- [April Service Anniversaries](#)
- [March Service Anniversaries](#)

Email us news and suggestions at communications@uhh.org. Remember to follow UHH on social media!

[f](#) [in](#)

Social Media

WOMEN'S HISTORY MONTH

*I know my worth.
I embrace my power.
I say if I'm beautiful.
I say if I'm strong.
You will not determine my story.
I will.*

Amy Schumer

UHH HEALTH

View previous dashboards:
uhh.org/dashboards



Links to Digital Pieces

Compliance

- [108 SMM](#)
- **SARs:** [100A/100B/105](#), [102A](#), [108](#), [173](#), [202](#), [All Remaining Plans](#)

Educational

- [ACHC \\$0 Copays](#)
- [Boston 4/1 Changes](#)

Enrollment

- [108 Annual Enrollment](#)
- [115 Guaranteed Rate/Wrigley Field](#)
- [376 Fort Benning](#)
- [376 FSP Hourly No Waivers](#)
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- [SSP at Detroit Airport](#)
- [Reminder: SSP at Detroit Airport](#)
- [SSP at Portland Airport](#)

Email Stats

Sends

40,787

Open Rate

63%

Click Rate

8%

Opt-In Totals

Compliance

28,615

Generic Email

33,689

Generic Texting

36,272

