



## NEW JERSEY

### Frequently-Used Urgent Care Centers

**CALL FIRST!** This list includes several frequently-used urgent care facilities currently in the Blue Cross Blue Shield network, but it is not complete! Because Urgent Care Centers go in and out of network regularly, it is important to call and verify a location is a Blue Cross Blue Shield participating provider. In addition, urgent care locations often change their hours. Please call to confirm.

Astra Health Center	Bayonne	564 Broadway	(201) 468-8888	M - F: 8 AM - 8 PM; Sat and Sun: 9 AM - 3 PM
City Med of New Jersey	Paramus	282 Route 4 East	(551) 222-0800	M - F: 8 AM - 8 PM; Sat and Sun: 9 AM - 5 PM
Concentra Urgent Care	Clifton	283 Piaget Ave.	(973) 772-3930	M - F: 8 AM - 7 PM (closed weekends)
Concentra Urgent Care	Elizabeth	595 Division St.	(908) 289-5646	M - F: 7 AM - 6 PM; Sat: 7 AM - 1 PM (closed Sun)
Concentra Urgent Care	Jersey City	574 Summit Ave.	(201) 656-7678	M - F: 8 AM - 5 PM (closed weekends)
Concentra Urgent Care	Newark	375 McCarter Hwy.	(973) 643-8601	M - F: 7 AM - 7 PM (closed weekends)
Concentra Urgent Care	Somerset	84 Veronica Ave.	(732) 210-6228	M - F: 8 AM - 8 PM; Sat and Sun: 9 AM - 7 PM
Doctors Express	West Orange	464 Eagle Rock Ave.	(973) 669-5900	M, Sat, Sun: 8 AM - 5 PM; T, W, Th, F: 8 AM - 8 PM
Kinder Pediatric Urgent Care	Woodbridge	530 Green St.	(732) 371-4400	M: 10 AM - 10 PM; T, W, Th, F: Noon - 11 PM; Sat and Sun: 11 AM - 10 PM
Med Express	Springfield Township	200 U.S. 22	(973) 376-4341	Every day: 8 AM - 8 PM
SKR Medical Advisors	Lyndhurst	560 New York Ave.	(201) 345-3839	M - F: 8 AM - 8 PM; Weekends: 8 AM - 5 PM

## NEW YORK

Find the one closest to you BEFORE your next illness or injury!

AFC Urgent Care	Yorktown Heights	3379 Crompond Rd.	(914) 930-5550	M - F: 8 AM - 8 PM; Sat and Sun: 8 AM - 5 PM
	Hartsdale	359 N. Central Ave.	(914) 448-2273	M - Sun: 8 AM - 8 PM
Ahava Med & Rehab Center	Brooklyn	16-18 Sumner Place	(718) 336-9500	M - Thursday: 8 AM - 8 PM; F: 8 AM - 6 PM (summer), 8 AM - 3 PM (winter) Sat: closed; Sun: 9 AM - 6 PM
Astoria Urgent Med Care	Astoria	32-74 Steinway St.	(718) 721-0101	M - F: 9:30 AM - 9 PM; Sat: 9:30 AM - 8 PM; Sun: 10 AM - 6 PM
CityMD Urgent Care	Nanuet	256 E. Route 59	(845) 624-2273	M - F: 8 AM - 8 PM; Sat and Sun: 9 AM - 7 PM
	Manhattan	37 W 23 <sup>rd</sup> St.	(646) 596-9267	M - F: 8 AM - 8 PM; Sat and Sun: 9 AM - 5 PM
		561 3 <sup>rd</sup> Ave.	(212) 729-4668	M - F: 8 AM - 10 PM; Sat and Sun: 9 AM - 6 PM

For more in-network Urgent Care Centers near you, call the Fund: **(866) 261-5676**



**NEW YORK** *(continued)***Find your closest  
Urgent Care Center...**

**CALL FIRST!** This list includes several frequently-used urgent care facilities currently in the Blue Cross Blue Shield network, but it is not complete! Because Urgent Care Centers go in and out of network regularly, it is important to call and verify a location is a Blue Cross Blue Shield participating provider. In addition, urgent care locations often change their hours. Please call to confirm.

CityMD Urgent Care	Manhattan	315 W. 57 <sup>th</sup> St.	(212) 315-2330	M - F: 8 AM - 10 PM; Sat and Sun: 9 AM - 6 PM
Cure Urgent Care	Manhattan	2398 Broadway	(212) 721-2111	M - F: 8 AM - 8 PM; Sat and Sun: 9 AM - 8 PM
Excel Urgent Care	Astoria/ Howard Beach	157-40 Crossbay Blvd.	(917) 300-6969	M - F: 8 AM - 8 PM; Sat and Sun: 9 AM - 4 PM
First Med Immediate	Flushing	191-20 Northern Blvd.	(718) 554-8072	M - F: 8 AM - 9 PM; Sat and Sun: 8 AM - 7 PM
Instant Medical Care	Jackson Heights	80-10 Northern Blvd.	(718) 429-2800	M - F: 9 AM - 9 PM; Sat and Sun: 11 AM - 7 PM
Medrite Medical Care	Manhattan	919 2 <sup>nd</sup> Ave.	(212) 435-3333	M - F: 8 AM - 10 PM; Sat and Sun: 9 AM - 7 PM
MyDoc Urgent Care	Queens	1116-20 Queens Blvd., Suite B	(718) 401-1510	M - F: 9 AM - 9 PM; Sat and Sun: 10 AM - 6 PM
Northwell Health-Go Health Urgent Care	Corona	58-28 99 <sup>th</sup> St.	(212) 897-1992	M - F: 8 AM - 8 PM; Sat and Sun: 9 AM - 5 PM
	Plainview	377 S. Oyster Bay Rd., Unit D	(212) 897-1992	M - F: 8 AM - 8 PM; Sat and Sun: 9 AM - 5 PM
	Ridgewood	55-05 Myrtle Ave.	(718) 502-9063	M - F: 8 AM - 8 PM; Sat and Sun: 9 AM - 5 PM
PM Pediatrics	Bayside/Forest Hills	70-20 Austin St.	(718) 831-6752	M - Sat: Noon - 12 AM; Sun: 10 AM - 12 PM
	Mamaroneck	620 E. Boston Post Rd.	(914) 777-5437	M - Sat: Noon - 12 AM; Sun: 10 AM - 12 PM
Statcare Urget Walk-In Med	Hicksville	232 W. Old Country Rd.	(855) 936-7362	M - F: 8 AM - 8 PM; Sat and Sun: 9 AM - 5 PM
Throggs Neck Walk-In Med	Bronx	3594 E. Tremont Ave.	(718) 684-3939	M - F: 8 AM - 8 PM; Sat and Sun: 9 AM - 4 p.m
UMD Urgent Care	Flushing	164-18 Northern Blvd.	(718) 939-5900	M - F: 9 AM - 9 PM; Sat: 9 AM - 8 PM; Sun: 10 AM - 6 PM

For more in-network Urgent Care Centers near you, call the Fund: **(866) 261-5676**

## NEW JERSEY

### Centros de atención de urgencias de uso frecuente



**¡LLAME PRIMERO!** Esta lista incluye varias instalaciones de atención de urgencias de uso frecuente, que se encuentran actualmente en la red de Blue Cross Blue Shield, ¡pero no está completa! Debido a que los Centros de Atención de Urgencias entran y salen de la red frecuentemente, es importante llamar y verificar que la ubicación sea un proveedor participante de Blue Cross Blue Shield. Además, los lugares de atención de urgencias a menudo cambian sus horarios. Por favor llame para confirmar.

Astra Health Center	Bayonne	564 Broadway	(201) 468-8888	L - V: 8 AM - 8 PM; S y D: 9 AM - 3 PM
City Med of New Jersey	Paramus	282 Route 4 East	(551) 222-0800	L - V: 8 AM - 8 PM; S y D: 9 AM - 5 PM
Concentra Urgent Care	Clifton	283 Piaget Ave.	(973) 772-3930	L - V: 8 AM - 7 PM (cerrado los fines de semana)
Concentra Urgent Care	Elizabeth	595 Division St.	(908) 289-5646	L - V: 7 AM - 6 PM; S: 7 AM - 1 PM (cerrado los domingos)
Concentra Urgent Care	Jersey City	574 Summit Ave.	(201) 656-7678	L - V: 8 AM - 5 PM (cerrado los fines de semana)
Concentra Urgent Care	Newark	375 McCarter Hwy.	(973) 643-8601	L - V: 7 AM - 7 PM (cerrado los fines de semana)
Concentra Urgent Care	Somerset	84 Veronica Ave	(732) 210-6228	L - V: 8 AM - 8 PM; S y D: 9 AM - 7 PM
Doctors Express	West Orange	464 Eagle Rock Ave.	(973) 669-5900	L, S, D: 8 AM - 5 PM; M, Mi, J, V: 8 AM - 8 PM
Kinder Pediatric Urgent Care	Woodbridge	530 Green St.	(732) 371-4400	L: 10 AM - 10 PM; M, Mi, J, V: mediodía - 11 PM; S y D: 11 AM - 10 PM
Med Express	Springfield Township	200 U.S. 22	(973) 376-4341	Cada día: 8 AM - 8 PM
SKR Medical Advisors	Lyndhurst	560 New York Ave.	(201) 345-3839	L - V: 8 AM - 8 PM; Fines de semana: 8 AM - 5 PM
<b>NEW YORK</b>	<b>¡Encuentre el más cercano a usted ANTES de su próxima enfermedad o lesión!</b>			
AFC Urgent Care	Yorktown Heights	3379 Crompond Rd.	(914) 930-5550	L - V: 8 AM - 8 PM; S y D: 8 AM - 5 PM
	Hartsdale	359 N. Central Ave.	(914) 448-2273	L - D: 8 AM - 8 PM
Ahava Med & Rehab Center	Brooklyn	16-18 Sumner Place	(718) 336-9500	L - J: 8 AM - 8 PM; V: 8 AM - 6 PM (verano), 8 AM - 3 PM (invierno) S: cerrado; D: 9 AM - 6 PM
Astoria Urgent Med Care	Astoria	32-74 Steinway St.	(718) 721-0101	L - V: 9:30 AM - 9 PM; S: 9:30 AM - 8 PM; D: 10 AM - 6 PM
CityMD Urgent Care	Nanuet	256 E. Route 59	(845) 624-2273	L - V: 8 AM - 8 PM; S y D: 9 AM - 7 PM
	Manhattan	37 W 23 <sup>rd</sup> St.	(646) 596-9267	L - V: 8 AM - 8 PM; S y D: 9 AM - 5 PM

Para obtener información de más Centros de Atención de Urgencias cercanos a usted y que se encuentre dentro de la red, llame al Fondo: **(866) 261-5676**



**NEW YORK**  
(continued)

**Encuentre el centro  
de atención de urgencias  
más cercano a usted...**



**¡LLAME PRIMERO!** Esta lista incluye varias instalaciones de atención de urgencias de uso frecuente, que se encuentran actualmente en la red de Blue Cross Blue Shield, ¡pero no está completa! Debido a que los Centros de Atención de Urgencias entran y salen de la red frecuentemente, es importante llamar y verificar que la ubicación sea un proveedor participante de Blue Cross Blue Shield. Además, los lugares de atención de urgencias a menudo cambian sus horarios. Por favor llame para confirmar.

CityMD Urgent Care	Manhattan	561 3 <sup>rd</sup> Ave.	(212) 729-4668	L - V: 8 AM - 10 PM; S y D: 9 AM - 6 PM
		315 W. 57 <sup>th</sup> St.	(212) 315-2330	L - V: 8 AM - 10 PM; S y D: 9 AM - 6 PM
Cure Urgent Care	Manhattan	2398 Broadway	(212) 721-2111	L - V: 8 AM - 8 PM; S y D: 9 AM - 8 PM
Excel Urgent Care	Astoria/ Howard Beach	157-40 Crossbay Blvd.	(917) 300-6969	L - V: 8 AM - 8 PM; S y D: 9 AM - 4 PM
First Med Immediate	Flushing	191-20 Northern Blvd.	(718) 554-8072	L - V: 8 AM - 9 PM; S y D: 8 AM - 7 PM
Instant Medical Care	Jackson Heights	80-10 Northern Blvd.	(718) 429-2800	L - V: 9 AM - 9 PM; S y D: 11 AM - 7 PM
Medrite Medical Care	Manhattan	919 2 <sup>nd</sup> Ave.	(212) 435-3333	L - V: 8 AM - 10 PM; S y D: 9 AM - 7 PM
MyDoc Urgent Care	Queens	1116-20 Queens Blvd., Suite B	(718) 401-1510	L - V: 9 AM - 9 PM; S y D: 10 AM - 6 PM
Northwell Health-Go Health Urgent Care	Corona	58-28 99th St.	(212) 897-1992	L - V: 8 AM - 8 PM; S y D: 9 AM - 5 PM
	Plainview	377 S. Oyster Bay Rd.; Unit D	(212) 897-1992	L - V: 8 AM - 8 PM; S y D: 9 AM - 5 PM
	Ridgewood	55-05 Myrtle Ave.	(718) 502-9063	L - V: 8 AM - 8 PM; S y D: 9 AM - 5 PM
PM Pediatrics	Bayside/Forest Hills	70-20 Austin St.	(718) 831-6752	L - S: Noon - 12 AM; D: 10 AM - 12 PM
	Mamaroneck	620 E. Boston Post Rd.	(914) 777-5437	L - S: Noon - 12 AM; D: 10 AM - 12 PM
Statcare Urget Walk-In Med	Hicksville	232 W. Old Country Rd.	(855) 936-7362	L - V: 8 AM - 8 PM; S y D: 9 AM - 5 PM
Throggs Neck Walk-In Med	Bronx	3594 E. Tremont Ave.	(718) 684-3939	L - V: 8 AM - 8 PM; S y D: 9 AM - 4 p.m
UMD Urgent Care	Flushing	164-18 Northern Blvd	(718) 939-5900	L - V: 9 AM - 9 PM; S: 9 AM - 8 PM; D: 10 AM - 6 PM

Para obtener información de más Centros de Atención de Urgencias cercanos a usted y que se encuentre dentro de la red, llame al Fondo: **(866) 261-5676**